#### Graduate School Advisory Council

Friday, October 28<sup>th</sup>, 2022 11 a.m.- Arc/Tuscola Room- Student Union (in-person and via ZOOM).

I. Next meeting: Nov. 4<sup>th</sup> in the Rathskeller Loft/ 7<sup>th</sup> Street Underground

## II. Executive Reports:

- a. Tea Wheat:
  - i. Out at a conference this week!
  - ii. Please fill out survey for points!
- b. Ruby Ofere:
  - i. GSAC video project continues!
  - ii. Let her know if you would like to be on the review committee!

#### c. Gabe King:

- i. Update to EIU Grad Life module on D2L!
- d. Taylor Comer:
  - i. Blanket-making was a success!
  - ii. Friendsgiving Program: group consensus is a potluck!
  - iii. Contact Taylor for any suggestions!

## e. Jessica Meadows:

i. Self-care tip: good mood food QR code! Food that can aid in anxiety relief!

## f. Elian Mackey:

- i. Marketing committee members needed! Help with poster-making and putting up flyers around campus.
- ii. Last call for November Newsletter!
- g. Attainea Toulon:
  - i. Diversity and Inclusion Art Activity at 11:30 a.m. after GSAC meeting!
- h. Myra Taylor and Dr. Timm:
  - Ten Percent Happier App subscriptions- 6-month subscription. Courses in explaining the how-to and types of meditation, podcasts, and guided meditations!!
  - ii. Headspace Renewal coming up!

## III. Department Updates

- a. Aging Studies:
  - a. Recruitment finished!
  - b. Open house second week in November! More information coming.
  - c. Pen Pal program with assisted living.
- b. Health Promotions:
  - a. N/A
- c. MBA:

a. N/A

d. Human Services:

a. N/A

- e. Counseling and Higher Education:
  - a. Play Therapy conference next Friday!
  - b. Halloween party for the department!
- f. Sustainability:
  - a. N/A

# IV. Upcoming Meetings:

Next meeting: November 4<sup>th</sup> in the 7<sup>th</sup> Street Underground. Theme: **Board Games!!**