

Child Care Resource & Referral

Eastern Illinois University
School of Family & Consumer Sciences

Professional Development & Training Calendar

September 2009 - January 2010

September

September 1, 8, 15, 22 & 29 **Creative Curriculum for Infants, Toddlers & Twos** 6:00 pm - 9:00 pm

Location: Lake Land College, Child Care Classroom-CL103, Mattoon, Illinois

This is a comprehensive resource for establishing and sustaining a quality Infant, Toddlers & Twos program. It describes the theory and research that form the foundation, and it applies this knowledge to everyday practices, giving teachers a roadmap for teaching.

Presenter: Lee Ann Bryant, RN, Child Care Nurse Consultant

In-Service Hours: 15

CDA: 1, 2, 3, 4, 5, 7, 8

Cost: None

RSVP: 8/20

September 10 **Quality Rating System (QRS) Orientation: Understanding the Quality Counts Quality Rating and Tiered Reimbursement System** 6:30 pm - 8:30 pm

Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Madison Room, Mattoon, Illinois

Learn about the new statewide quality rating and tiered reimbursement system for providers serving IL Department of Human Services Child Care Assistance Program children, including eligibility requirements, application process and supports/resources available. Providers interested in applying to the QRS must attend this session prior to application. Presenter: Penny Krabel, Child Care Resource & Referral

In-Service Hours: 2

CDA: 5

Cost: None

RSVP: 9/4

September 10 **Operation Medicine Cabinet** 6:00 pm - 8:00 pm

Location: Paris Carnegie Library, Gibson Room, 207 S. Main, Paris, Illinois

CAMA is a bi-county substance abuse and prevention coalition striving for permanent change and healthier communities. *Operation Medicine Cabinet* is a project designed to bring awareness of and to prevent expired medications from getting into the hands of kids.

Presenter: Kristin Chittick, Human Resources Center

In-Service Hours 2

CDA: 1

Cost: None

RSVP: 9/4

September 14 & October 5 **Exploring Socio-Emotional Issues in Childhood** 6:30 pm - 8:30 pm

Location: Life Links, 750 Broadway Avenue East, Mattoon, Illinois

Do you enjoy talking with other child care providers about issues in childhood- such as behavior, health, center or home environments? If so, then this is the group for you! We will be discussing current information in social-emotional trends and concerns about how we implement them into our day.

This group will be an interactive format allowing group members to learn from each other. It is important to sign-up for both dates to maintain group familiarity, support and relationship building. If participation and interest is met, the group may meet on a regular basis.

Facilitator: Vanessa Vassar, Early Childhood Mental Health Consultant

In-Service Hours: 4

CDA: 3

Cost: None

RSVP: 9/1

September 19, October 17, & November 21 **Foundations of Family Child Care (College Credit Available)** 8:30 am - 2:00 pm

Location: Lake Land College, Child Care Classroom- CL103, Mattoon, Illinois

The *Foundations of Family Child Care* is a three-part series designed for family child care providers. Topics included in this training are Family Child Care is Your Business, Parents as Partners, Setting Up Your Home, Child Development, Activities, Discipline, Health & Well-Being, Healthy Foods for Young Children, Licensing, and Resources. Participants will receive the *Foundations of Family Child Care* manual.

College credit (1 semester hour is available from Lake Land College for this training series. There is a separate fee for college credit.- payable the first class session. If you take this class for college credit, the \$20.00 registration fee will be waived.

Presenter: Laura Jones, Early Childhood Consultant, ITN Trainer

In-service Hours: 15; 1 semester hour college credit available- extra fee CDA: 1, 2, 3, 4, 5, 6, 8 Cost: \$10.00

RSVP: 9/11

September 21, 28, October 5, 12 & 19 **Creative Curriculum for Infants, Toddlers & Twos** 6:00 pm - 9:00 pm

Location: Son Shine Center, 101 W. Alabama, Casey, Illinois

This is a comprehensive resource for establishing and sustaining a quality Infant, Toddlers & Twos program. It describes the theory and research that form the foundation, and it applies this knowledge to everyday practices, giving teachers a roadmap for teaching.

Presenter: Linda Chittick, Early Childhood Consultant, ITN Trainer

In-Service Hours: 15

CDA: 1, 2, 3, 4, 5, 7, 8

Cost: None

RSVP: 9/15

September 24 **If It's Wet & Not Yours, Don't Touch It/Universal Precautions** 6:30 pm - 8:30 pm

Location: Coles County Center for Human Services, 825 18th Street, Conference Room 2, Charleston, Illinois

This information is vital to everyone who cares for children. Learn how diseases are spread, and how to utilize methods to reduce the spread of illness. Also review effective cleaning methods, use of gloves and the importance of hand washing.

Presenter: Lee Ann Bryant, RN, Child Care Nurse Consultant

In-Service Hours: 2

CDA: 1

Cost: None

RSVP: 9/18

October

- October 3 An Introduction to the Environmental Rating Scales (ERS)** 8:30 am – 12:30 pm
Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Madison Room, Mattoon, Illinois
This training is for family child care and center providers. After completion of this training, child care practitioners will have knowledge of the ERS; be able to use tool(s) for self-assessment of their program and/or hire a consultant to use tool(s) for assessment; to be able to use ERS results to plan program improvements; and be aware of ERS linkages to the IL Department of Human Services Quality Rating System, IL State Board of Education Preschool for All and national accreditation processes. Presenter: Penny Krael, Child Care Resource & Referral
In-Service Hours: 4 CDA: 5 & 7 Cost: \$15.00 RSVP: 9/25
- October 6 The Child Development Associate (CDA) Credential Orientation** 6:30 pm – 8:30 pm
Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Washington Room, Mattoon, Illinois
Interested in getting your Child Development Associate Credential? If so, join us for a two-hour overview including all you need to know to get yourself started down the path of obtaining this valuable national credential. Information will include the history, description, purposes, procedures, timelines, and helpful hints of the process.
In-Service Hours: 2 CDA: 6 Cost: None RSVP: 9/29
- October 8 Breaking the Cycle of Obesity** 7:00 pm - 9:00 pm
Location: Casey Senior Center, 14 South Central, Casey, Illinois
This training will explore the psychological as well as the physical aspects of overeating. Learn how we as adults influence children's food behaviors and learn behavior changing strategies related to food. Gain insight on how to make better food choices to promote a healthy lifestyle for yourself and the children you care for. Presenters: Vanessa Vassar, Mental Health Consultant & Lee Ann Bryant, RN, Child Care Nurse Consultant
In-Service Hours: 2 CDA: 1 Cost: None RSVP: 10/1
- October 10 Special Event for Child Care Providers & Parents: Start 'Em Healthy** 8:00 am – 12:15 pm
Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Mattoon, Illinois
Keynote Presentation: "Ten things Families Need (That Few People Tell Them About!)" Presented by Peggy North-Jones, Ph.D., CFLE
Multiple workshops and exhibits will be provided that focus on providing children with a healthy start in life. Watch for the registration flyer.
In-Service Hours: 4 CDA: 1, 3 Cost: \$10.00 RSVP: 10/2
- October 13 Name That Disease/Common Childhood Illnesses** 6:30 pm – 8:30 pm
Location: Coles County Center for Human Services, 825 18th Street, Conference Room 4, Charleston, Illinois
Learn about common childhood illnesses, how they are spread, what their symptoms are, how long they are contagious and how we can prevent and control them.
Presenter: Lee Ann Bryant, RN, Child Care Nurse Consultant
In-Service Hours: 2 CDA: 1 Cost: None RSVP: 10/7
- October 14 Center Directors Meeting- "Not Another Staff Meeting?!"** 12:00 pm – 2:00 pm
Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Washington Room, Mattoon, Illinois
Do the words "staff meeting" provide grumbling among your staff? Well run staff meetings are a great forum for fostering staff communication and team building. This session will provide discussion on ways to accomplish more in less time and enhanced staff participation.
Presenter: Laurie Rhodes, Lincoln Land College Child Development Center
In-service Hours: 1.5 CDA: 5 Cost: price of your lunch RSVP: 10/9
- October 22 What is CCAP? Understanding the Illinois Child Care Assistance Program** 6:30 pm – 8:30 pm
Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Madison Room, Mattoon, Illinois
Join this informative session to become more familiar with the Illinois Child Care Assistance Program's (CCAP) policy and procedures, including the application process, provider qualifications, the payment process and parent co-payments. The CCAP is funded by the IL Department of Human Services. Presenter: Leigh Ann Keefer, Child Care Resource & Referral
In-Service Hours: 2 CDA: 5 Cost: None RSVP: 10/16
- October 24 SpecialCare: Including Children with Special Needs in Child Care** 8:30 am – 3:00 pm
Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Lincoln Room, Mattoon, Illinois
An inclusive child care setting is one in which all children, those with and without disabilities have an opportunity to play and learn together. Participants in this session will learn methods to include all children in their child care program. This training will meet the new DCFS licensing requirements on providing care for children with disabilities. Limited enrollment: 20 – register early!! Presenter: Jennifer Weidner, Early Childhood Consultant
In-Service Hours: 6 CDA: 3, 4, 6, 8 Cost: \$10.00 RSVP: 10/16
- October 26 Make It/Take It** 6:00 pm - 8:00 pm
Location: Lake Land College, Child Care Classroom- CL103, Mattoon, Illinois
Participants will have an opportunity to choose and complete a hands-on project to add to their classroom environment. A variety of activities including storyboards, table activities, flannel board, etc. will be available to choose from. Participants will need to bring colored pencils, scissors, a fine point sharpie marker, and a glue stick. Limited enrollment: 20. Presenters: Teresa Lang & Tracy Finley, Lake Land College
In-Service Hours: 2 CDA: 2 Cost: \$5.00 RSVP: 10/20
- October 27 Family Child Care Taxes & Record Keeping** 6:30 pm – 9:00 pm
Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Adams Room, Mattoon, Illinois
Description: This is a comprehensive session on record keeping and income tax issues for home-based child care providers. This course provides both new and seasoned providers with hands-on training, sensible information, useful materials, and practical applications.
Presenter: Larry Garner, Assistant Director of the Tax Consulting Project
In-Service Hours: 2.5 CDA: 5 Cost: \$5.00 RSVP: 10/20

November

November 2 **Autism: Brains, Behaviors, and Resources** 6:00 pm – 8:00 pm

Location: Paris Public Library, 207 S. Main, Paris, Illinois

What are "Autism Spectrum Disorders" and how do they affect the children you care for. Learn what to watch for and how to best respond to the children experiencing ASD.

Presenter: Alicia Hart, Consultant

In-Service Hours: 2

CDA: 1

Cost: None

RSVP: 10/27

November 5 **Child Abuse & Mandated Reporting** 6:30 pm – 8:30 pm

Location: Coles County Center for Human Services, 825 18th Street, Conference Room 2, Charleston, Illinois

This information will help providers learn what constitutes child abuse or child neglect. Learn about the mandated reporting laws and how they affect them and the children they care for. We will also cover information on Shaken Baby Syndrome.

Presenter: Lee Ann Bryant, RN, Child Care Nurse Consultant

In-Service Hours: 2

CDA: 1

Cost: None

RSVP: 10/30

November 7 **Illinois Early Learning Standards for Children 3 to 5** 8:30 am – 3:00 pm

Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Washington Room, Mattoon, Illinois

This training series will provide you with an overview of the framework and program standards for children ages three to five developed by the Illinois State Board for Education (ISBE). Through discussion and small group activities participants will discover methods to connect the standards to everyday curriculum. Presenter: Jennifer Weidner, Early Childhood Consultant, ITN Trainer

In-Service Hours: 6

CDA: 3, 5, 7, 8

Cost: \$10.00 (includes lunch)

RSVP: 10/30

November 12 **If It's Wet & Not Yours, Don't Touch It/Universal Precautions** 7:00 pm – 8:30 pm

Location: Casey Senior Center, 14 South Central, Casey, Illinois

This information is vital to everyone who cares for children. Learn how diseases are spread, and how to utilize methods to reduce the spread of illness. Also review effective cleaning methods, use of gloves and the importance of hand washing.

Presenter: Lee Ann Bryant, RN, Child Care Nurse Consultant

In-Service Hours: 1.5

CDA: 1

Cost: None

RSVP: 11/6

November 23 **Quality Rating System (QRS) Orientation: Understanding the Quality Counts Quality Rating and Tiered Reimbursement System** 6:30 pm – 8:30 pm

Location: Lumpkin Family Center for Health Education at Sarah Bush Lincoln, Adams Room, Mattoon, Illinois

Learn about the new statewide quality rating and tiered reimbursement system for providers serving IL Department of Human Services Child Care Assistance Program children, including eligibility requirements, application process and supports/resources available. Providers interested in applying to the QRS must attend this session prior to application. Presenter: Penny Krabel, Child Care Resource & Referral

In-Service Hours: 2

CDA: 5

Cost: None

RSVP: 11/17

December

December 1 **Early Childhood Development/Watching for Developmental Delays** 6:30 pm to 8:30 pm

Location: Coles County Center for Human Services, 825 18th Street, Conference Room 4, Charleston, Illinois

Learn the importance of Early Intervention. Explore what constitutes "typical development" and how to identify delays.

Presenter: Lee Ann Bryant, RN, Child Care Nurse Consultant

In-Service Hours: 2

CDA: 8

Cost: None

RSVP: 11/25

January

January 19 **Make It/Take It** 6:00 pm - 8:00 pm

Location: Lake Land College, Child Care Classroom- CL103, Mattoon, Illinois

Participants will have an opportunity to choose and complete a hands-on project to add to their classroom environment. A variety of activities including storyboards, table activities, flannel board, etc. will be available to choose from. Participants will need to bring colored pencils, scissors, a fine point sharpie marker, and a glue stick. Limited enrollment: 20. Presenters: Teresa Lang & Tracy Finley, Lake Land College

In-Service Hours: 2

CDA: 2

Cost: \$5.00

RSVP: 1/13

January 25 **Emergency Preparedness** 6:30 pm – 8:30 pm

Location: Coles County Center for Human Services, 825 18th Street, Conference Room 4, Charleston, Illinois

With more severe weather it is important to have an Emergency plan and procedures in place. Learn how to prepare in case of evacuation, child abduction, or many other scenarios.

Presenter: Lee Ann Bryant, RN, Child Care Nurse Consultant

In-Service Hours: 2

CDA: 1

Cost: None

RSVP: 1/20

Level 1 Credential Training Modules

Coles County Center for Human Services Conference Room #4
825 18th Street, Charleston, Illinois 6:30 pm – 9:30 pm Cost: \$5.00 per module
3 Hours In-Service Credit / Module

Observation and Guidance: September 3
Learning Happens in Relationships: September 10
Family and Community Relationships: September 17
Personal and Professional Development: September 24
Child Development Overview: October 1
Health Issues for Children in Group Care: October 15
Nutrition Issues for Group Care: October 22
Safety Issues for Group Care: October 29
Child Development (Birth to 8 Months): November 5
Child Development (8 Months to 18 Months): November 12
Child Development (18 Months to 36 Months): November 19
Preschool Social and Emotional Development: January 7
Preschool Physical Development: January 14
Preschool Language Development: January 21
Preschool Cognitive Development: January 28
School Age Child Development: February 4

You may register for individual or multiple modules. The registration deadline is one week before the session is held.

Red Cross First Aid & CPR Classes

CPR Classes: (Payment must be received one week before the class is held.)

September 14 or October 12 or November 9 or February 8

6:00 pm - 10:00 pm

Location: Coles County Center for Human Services, 825 18th St., Conference Room 4, Charleston, Illinois

Presenter: Laura Jones, Early Childhood Consultant, ITN Trainer CDA: 1

Cost: \$20.00 (new) \$15.00 (renewal)

First Aid Classes: (Payment must be received one week before the class is held.)

October 26 or February 22

6:00 pm – 10:00 pm

Location: Coles County Center for Human Services, 825 18th St., Conference Room 4, Charleston, Illinois

Presenter: Laura Jones, Early Childhood Consultant, ITN Trainer CDA: 1

Cost: \$20.00 (new) \$15.00 (renewal)

Only 10 participants are enrolled in each First Aid and CPR class. Classes fill quickly- **call to register early.**

*Child Development Associate Credential content area is identified for each training session included on this training calendar.
Training sessions may also meet the requirements of other credentials.*

Additional Professional Development Opportunities

Date/Time	Title	Location	Contact	Fee
September 17	Apples Video Magazine: Engaging Young Children in the Outdoor Environment	Webcast- 4:30-5:30 pm	STARnet www.starnet.org	No Fee
September 30 9:00-11:30 am	Technology in the Early Childhood Classroom: The Right Tools	Mattoon, IL	STARnet www.starnet.org	No Fee
September 30 12:30- 3:00 pm	Choosing Software for Young Children: It's a Tricky Business	Mattoon, IL	STARnet www.starnet.org	No Fee
October 1-2	A Time for Resiliency: Empowering Families & Communities	Hilton Hotel Springfield, IL	www.preventchildabuseillinois.org	\$189
October 6 11:30 am	Spirit of Illinois Association for the Education of Young Children Meeting	Charleston Community Day Care, Charleston, IL	217/581-6991	No Fee
October 7-9	Sharing A Vision Conference	Lombard, IL	www.sharingavision.org	\$175
October 16	Praise Vs. Encouragement	Springfield, IL	www.starnet.org	None
October 16	Statewide Summit: Early Childhood and Healthy Beginnings	Urbana, IL	www.frc.illinois.edu	TBA
October 17	Prairieland Early Childhood Conference	Decatur, IL	800/352-5516	TBA
October 23-24	Managing Infant/Toddler Programs	National Louis University, Wheeling, IL	www.cecl.nl.edu	\$199
January 5 11:30 am	Spirit of Illinois Association for the Education of Young Children Meeting	Charleston Community Day Care, Charleston, IL	217/581-6991	No Fee
January 28-30	Opening Minds – Chicago AEYC Conference	Hyatt Regency McCormick Place, Chicago, IL	www.chicagometroaeyc.org	TBA

Registration Form

Please complete this form and return to CCR&R along with your check (payable to EIU) for registration fees.

Name: _____ Day Phone: _____

Name of Child Care Program: _____

Email Address (If you would like to receive training updates by email): _____

I will attend the following workshops (please check):

<input type="checkbox"/> September 1, 8, 15, 22, 29 <i>Creative Curriculum for I/T/T</i> (No Fee)	<input type="checkbox"/> October 24 <i>SpecialCare</i> (\$10)
<input type="checkbox"/> September 3 <i>Level 1- Observation & Guidance</i> (\$5)	<input type="checkbox"/> October 26 <i>Make It/Take It</i> (\$5)
<input type="checkbox"/> September 10 <i>Level 1- Learning Happens in Relationships</i> (\$5)	<input type="checkbox"/> October 26 <i>First Aid</i> (\$20 new, \$15 renew)
<input type="checkbox"/> September 10 <i>Quality Rating System Orientation</i> (No Fee)	<input type="checkbox"/> October 27 <i>Family Child Care Taxes & Record Keeping</i> (\$5)
<input type="checkbox"/> September 10 <i>Operation Medicine Cabinet</i> (No Fee)	<input type="checkbox"/> October 29 <i>Level 1- Safety Issues</i> (\$5)
<input type="checkbox"/> September 14 <i>CPR</i> (\$20 new, \$15 renew)	<input type="checkbox"/> November 2 <i>Autism: Brains, Behaviors, and Resources</i> (No Fee)
<input type="checkbox"/> September 14 & Oct. 5 <i>Exploring Social-Emotional Issues</i> (No Fee)	<input type="checkbox"/> November 5 <i>Child Abuse & mandated Reporting</i> (No Fee)
<input type="checkbox"/> September 17 <i>Level 1- Family & Com. Relationships</i> (\$5)	<input type="checkbox"/> November 5 <i>Level 1- Child Development (Birth- 8 Months)</i> (\$5)
<input type="checkbox"/> Sept. 19, Oct. 17 & Nov. 21 <i>Foundations of Family Child Care</i> (\$10)	<input type="checkbox"/> November 7 <i>Illinois Early Learning Standards</i> (\$10)
<input type="checkbox"/> Sept. 21, 28, Oct. 5, 12, 19 <i>Creative Curriculum for I/T/T</i> (No Fee)	<input type="checkbox"/> November 9 <i>CPR</i> (\$20 new, \$15 renew)
<input type="checkbox"/> September 24 <i>Level 1- Personal & Professional Development</i> (\$5)	<input type="checkbox"/> November 12 <i>Level 1- Child Development (8 Months-18 Months)</i> (\$5)
<input type="checkbox"/> September 24 <i>Universal Precautions</i> (No Fee)	<input type="checkbox"/> November 19 <i>Level 1- Child Dev. (18 Months-36 Months)</i> (\$5)
<input type="checkbox"/> October 1 <i>Level 1- Child Development Overview</i> (\$5)	<input type="checkbox"/> November 23 <i>QRS Orientation</i> (No Fee)
<input type="checkbox"/> October 3 <i>An Introduction to the ERS (\$15)</i>	<input type="checkbox"/> December 1 <i>Early Childhood Development</i> (No Fee)
<input type="checkbox"/> October 6 <i>The CDA Credential Orientation</i> (No Fee)	<input type="checkbox"/> January 7 <i>Level 1- Social & Emotional Development</i> (\$5)
<input type="checkbox"/> October 8 <i>Breaking the Cycle of Obesity</i> (No Fee)	<input type="checkbox"/> January 14 <i>Level 1- Preschool Physical Development</i> (\$5)
<input type="checkbox"/> October 10 <i>Start 'Em Healthy</i> (\$10)	<input type="checkbox"/> January 19 <i>Make It/Take It</i> (\$5)
<input type="checkbox"/> October 12 <i>CPR</i> (\$20 new, \$15 renew)	<input type="checkbox"/> January 21 <i>Level 1- Preschool Language Development</i> (\$5)
<input type="checkbox"/> October 13 <i>Common Childhood Illnesses</i> (No Fee)	<input type="checkbox"/> January 25 <i>Emergency Preparedness</i> (No Fee)
<input type="checkbox"/> October 14 <i>Center Director's Meeting</i> (No Fee)	<input type="checkbox"/> January 21 <i>Level 1- Preschool Cognitive Development</i> (\$5)
<input type="checkbox"/> October 15 <i>Level 1- Health Issues for Children in Group Care</i> (\$5)	<input type="checkbox"/> February 4 <i>School-Age Child Development</i> (\$5)
<input type="checkbox"/> October 22 <i>Level 1- Nutrition Issues for Group Care</i> (\$5)	<input type="checkbox"/> February 8 <i>CPR</i> (\$20 new, \$15 renew)
<input type="checkbox"/> October 22 <i>What Is CCAP?</i> (No Fee)	<input type="checkbox"/> February 22 <i>First Aid</i> (\$20 new, \$15 renew)

Training Registration Information

- If less than six people have registered by the RSVP date, the session will be cancelled and registrants will be contacted.
- Registration fees are non-refundable. If a session is cancelled by CCR&R your fees will be applied to another session.
- Registration fees will not be applied to another session if the training is held and you do not attend and did not cancel with CCR&R before the training was held.
- Training fees are not collected at the training sessions. Payment should be received by CCR&R one week prior to the event.
- Make checks payable to **Eastern Illinois University**.
- Mail to: Jackie Swango, CCR&R, Eastern Illinois University, 600 Lincoln Ave., Charleston, IL 61920

