

DEPARTMENT Physical Education

1. Title: **B.S. in Physical Education & Teacher Certification Option K-12 Special Certification**

Reason for Revision:

Revising program to better meet the needs of our students in the K-12 content which includes both K-5 and 6-12 content areas.

Effective date: Fall 2007

2. Title: **B.S in Physical Education & Teacher Certification Option 6-12 Special Certification**

Reason for Revision:

Deleting Option in teacher certification 6-12. The state of Illinois has changed to a K-12 content area test. Also, the department is continuing to include both 6-12 and K-5 content in all coursework in the K-12 option.

Effective date: Fall 2007

DATES OF ACTION

	DEPT	COLLEGE
Date Approved:	9/22/06	10/9/06

Physical Education with Teacher Certification Option K-12 Special Certificate
Add Program to Portfolio

Core Requirements

Physical Education Course Work

Total Semester Hours: ~~56-60~~ 52

BIO 2001G - Human Physiology. Credits: 4

PED 1500 - Physical Education as a Profession. Credits: 2

PED 2000 - Technique and Practice of Teaching Physical Education Activities. Credits: 1

PED 2440 - Kinesiology. Credits: 4

PED 2450 - Physical Education for Exceptional Individuals. Credits: 3

PED 2850 - Fitness for Life. Credits: 3

PED 3400 - ~~Methods of Teaching Physical Education. Credits: 3~~

~~Secondary Physical Education Methods. .Credit 4~~

~~PED 3401 – Elementary Physical Education Methods. Credits 4~~

PED 3600 - Introduction to Elementary School Physical Education. Credits: 2

~~PED 3641- Rhythms/Dance/Tumbling for Eeementary. Credits: 1~~

~~PED 3610 – Game Activities for Elementary Schools. Credits: 3~~

~~PED 3620 – Rhythmical Activities for Elementary Schools. Credits: 3~~

~~PED 3630 – Tumbling and Apparatus Activities for Elementary Schools. Credits: 3~~

PED 4320 - Organization, Administration and Curriculum of Physical Education. Credits: 3

PED 4340 - Principles of Exercise Physiology. Credits: 3

PED 4470 - Measurement and Evaluation in Physical Education. Credits: 3

Electives From the Following Physical Education 2000-level Technique Courses

Two From:

- PED 2101 - Technique and Theory of Badminton and Tennis. Credits: 2
- PED 2102 - Technique and Theory of Golf and Bowling. Credits: 2
- PED 2103 - Technique and Theory of Track and Field and Weight Training. Credits: 2
- PED 2104 - Technique and Theory of Aerobic Exercise and Strength Training. Credits: 2

Two From:

- PED 2106 - Technique and Theory of Team Activities. Credits: 2
- PED 2360 - Techniques and Theory of Softball and Volleyball. Credits: 2
- PED 2380 - Technique and Theory of Flag Football and Basketball. Credits: 2
- PED 2390 - Technique and Theory of Soccer/Speed-ball, and Modified Team Sports. Credits: 2

One from:

- PED 2220 - Technique and Theory of Folk, Square, and Ballroom Dance I. Credits: 2
- PED 2230 - Technique and Theory of Modern Dance I. Credits: 2

Electives

3 Semester Hours from Physical Education Coaching Courses

~~4 sem. hrs. Electives from Physical Education courses 1000 and 2000 level courses.~~
3 Semester Hours Electives from Physical Education 1000 level courses (must be different activities)

(Must be 4 different activities.)

Include one aquatics course or proficiency
And either PED 1600 or 1692

PED 1600 - Weight Training. Credits: 1 or

OR

PED 1692 - Aerobic Exercise. Credits: 1

~~6 Semester Hours From Physical Education Coaching Courses (See footnote *)~~

7 weeks of Coaching at student teaching site school; required during student teaching

Footnotes:

~~* 3 hours may be counted during student teaching if the student coaches for the entire 15 weeks at a student teaching site.~~

~~** For the education course work required for this option, see "Teacher Certification Programs".~~

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NOTE: Minor in Teacher Certification strongly recommended. Minor courses can be substituted for electives.

Aquatics Proficiency: If you pass the aquatics proficiency exam, you must then take an additional PED activity course. You are required to have ~~4 different activities.~~

3 different activities.

Students must complete all the professional coursework under the Regular Secondary Education Program.

Selection to Teacher Education programs should occur following the freshman year but no later than the end of the sophomore year (for transfer students this should occur no later than the end of their first semester at EIU). Selection requires that students pass the Illinois Certification Test of Basic Skills.

University Approval to Take Teacher Education Courses should occur at the end of the first

semester junior year with Formal University Admission to Teacher Education occurring at the end of the junior year. See the Teacher Certification Program section of this catalog for more information.

Departmental Approval to Physical Education must take place after formal admission and acceptance to teacher education. Students must receive a grade of “C” or better in all PED courses and BIO 2001G in order to apply for formal admission to the Physical Education Department and continue in the program.

Departmental Approval to Student Teach must be granted prior to Student Teaching. Students must also pass the Illinois Certification Subject Area test for their major prior to student teaching.

(Major GPA based on all physical education courses taken at EIU.)

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