

Eastern Illinois University
College of Education and Professional Studies
Department of Health Studies
New Course Proposal

1. Catalog Description
 - a. Course number: HST 3000
 - b. Title: Health Concepts for Teachers
 - c. Meeting times and credit: 2-0-2
 - d. Term(s) F, S, Su
 - e. Short Title: Hlth Con Tchrs
 - f. Course Description:

This course is designed to assist students in teacher preparation (P-12) in developing knowledge and competencies necessary in attaining a complete understanding of the comprehensive school health model (instruction, services, and environment).
 - g. Prerequisites: none

2. Objectives of the Course

At the completion of the course the student will be able to:

 - a. List the components of the comprehensive school health model.
 - b. Identify various types of school health instructional programming and regulations.
 - c. Identify a variety of school health services provided to students and staff.
 - d. Cite physical and social factors which influence the school environment.
 - e. Identify health related conditions and situations which must be addressed by classroom teachers.
 - f. Assess the specific health related situation and identify appropriate classroom teacher response strategies.
 - g. Integrate health concepts into the student's major discipline.

This course is writing active.

3. Course Outline (30 days, fifty minute class periods)

Day	1	<u>Introduction</u>
	2	Health Defined/ Assessing The Current State Of Health Among Youth (weight control, physical fitness, nutrition, drug usage rates, etc.)
	3	School Health Structure Comprehensive Health Ed.
		<u>School Health Environment</u>
	4	Sexual Harassment/School Violence
	5	School Shootings - Video
	6	Gangs/Planning For Violence Prevention and Action
	7	Healthy School Environment (Regulations & Recommendations)
	8	Blood Borne Pathogens
	9	Blood Borne Pathogens & Other Environmental Concerns
	10	Exam #1
		<u>School Health Services</u>
	11	Mandates/Appraisal Techniques
	12	School Lunch Program
	13	Liability/Classroom Emergencies
	14	Abuse - Neglect Mandates, Ed. Programs
	15	Chronic Disorders: Asthma and classroom response
	16	Chronic Disorders: Diabetes and classroom response
	17	Chronic disorders: Seizure Disorder and classroom response

- 18 Acute Infections (Head lice, Conjunctivitis, Scabies, Impetigo, Herpes Simplex I, Ringworm, Colds, Flu, etc.)
- 19 Health Related Services Staff (Nurse, Counselor, Psychologist, etc.)
- 20 Common Referrals - Substance Abuse
Common Referrals - Eating Disorders
- 21 Suicide & Depression/Crisis Team & Psych. Staff
- 22 Exam 2
- School Health Instruction**
- 23 Mandates: IL School Code/State Goals For Learning
- 24 Health Education Resources/Curricula (Michigan Model, etc.)
- 25 Multi-Cultural Issues
- 26 Drug Education/Tobacco Education
- 27 Drug Education Resources
- 28 Family Life Education
“*What Kids Want To Know About Sex & Growing Up*”
- 29 Sex Education/Ways To Get Into Trouble
- 30 HIV - AIDS Education/Other STD’s

Evaluation of Student Learning:

Exam 1	100	20%
Exam 2	100	20%
Final	100	20%
Curriculum Review	50	10%
Evaluation of a School Health Program	50	10%
Class Activities	50	10%
Attendance	50	10%

- 4. Implementation:
 - a. Faculty members assigned: Health Studies faculty with teacher education preparation
 - b. Textbook: Telljohann, Symons, & Miller. (2001). Health education: Elementary and Middle School Applications (3rd Edition). St. Louis, MO: McGraw-Hill.
 - c. Additional costs: none
 - d. Term to be first offered: Fall 2002

- 5. Rationale:
 - a. Purpose and need: The state of Illinois requires students in teacher preparation programs to be competent in the area of health and physical development. This course will allow future teachers to develop competencies in the integration of health concepts in their teaching. This course will include state mandates, learning standards and teaching strategies as they relate to health and the P-12 teacher, and the course will help students to identify and properly react to common health conditions that they will encounter within the classroom.
 - b. Justification of the level of the course and a list of all prerequisites: The course content and its application require a basic foundation of knowledge regarding teaching already established. Some content requires higher sensitivity and knowledge of classroom issues. No prerequisites.
 - c. Similarity to existing courses and/or effect upon programs in other departments: There are similarities to HST 3200 School Health. However, the proposed course is P-12 and for all teacher education majors. HST 3200 is focused on school health majors and minors at the secondary level.

- 6. Community College Transfer: A community college course may not be considered equivalent.

- 7. Date Approved by Department: 10-8-01

- 8. Date Approved by College: 10-8-01

- 9. Date Approved by CAA: _____